

# Happiness Initiative



Launch a “Happiness or Self-Esteem Initiative” or “Random Act of Kindness Program” while making the artwork creation one aspect of the overall initiative. Students may be encouraged to draw:

- What makes them happy and feel good about themselves
- Something that makes others in their life happy
- A gift that may make someone smile
- The best thing that someone has ever given them
- Something wonderful about them
- A self-portrait with a big smile



**“Why fit in when you were  
born to stand out?”**

Dr. Seuss