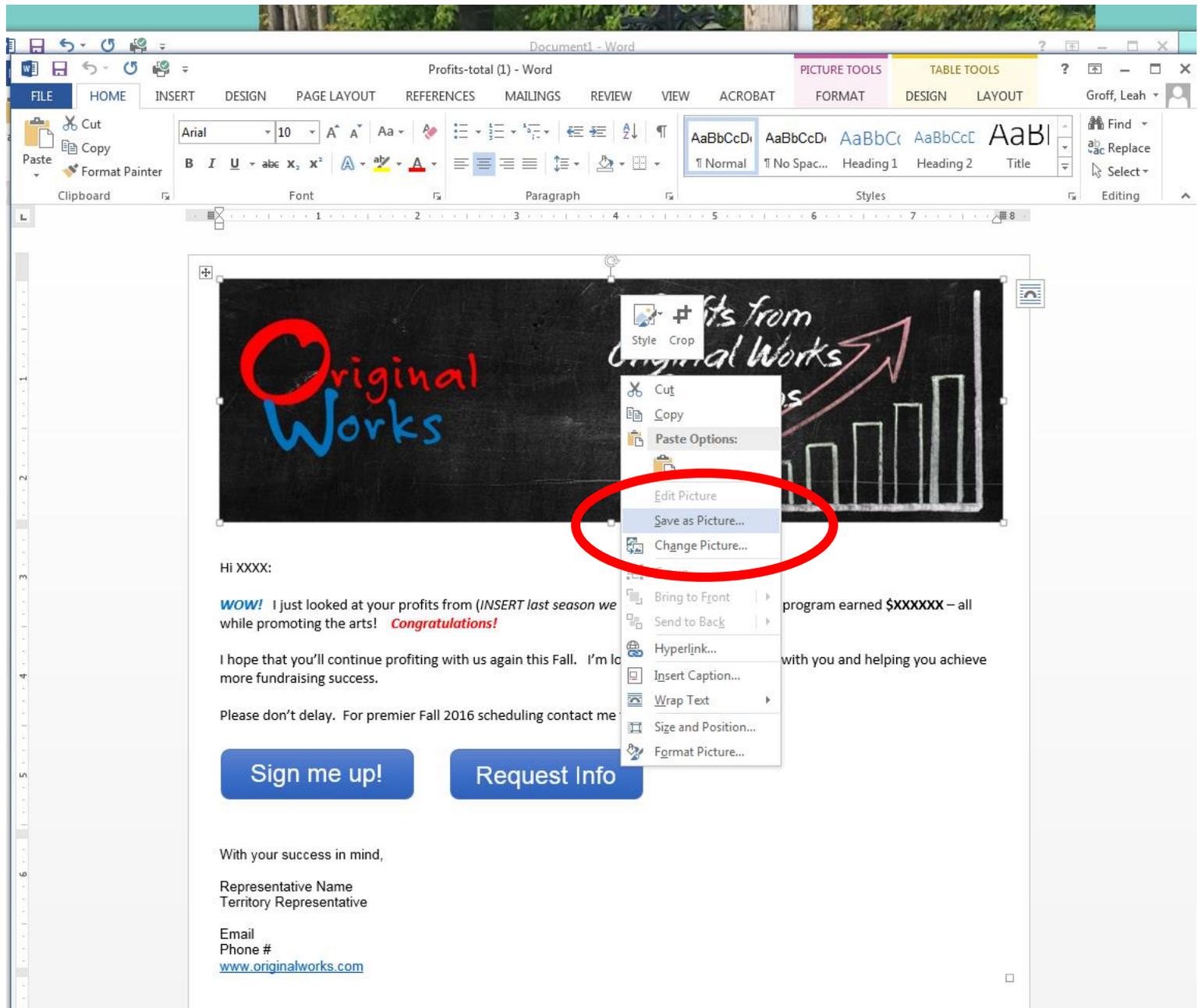


Inserting graphics into GMAIL messages

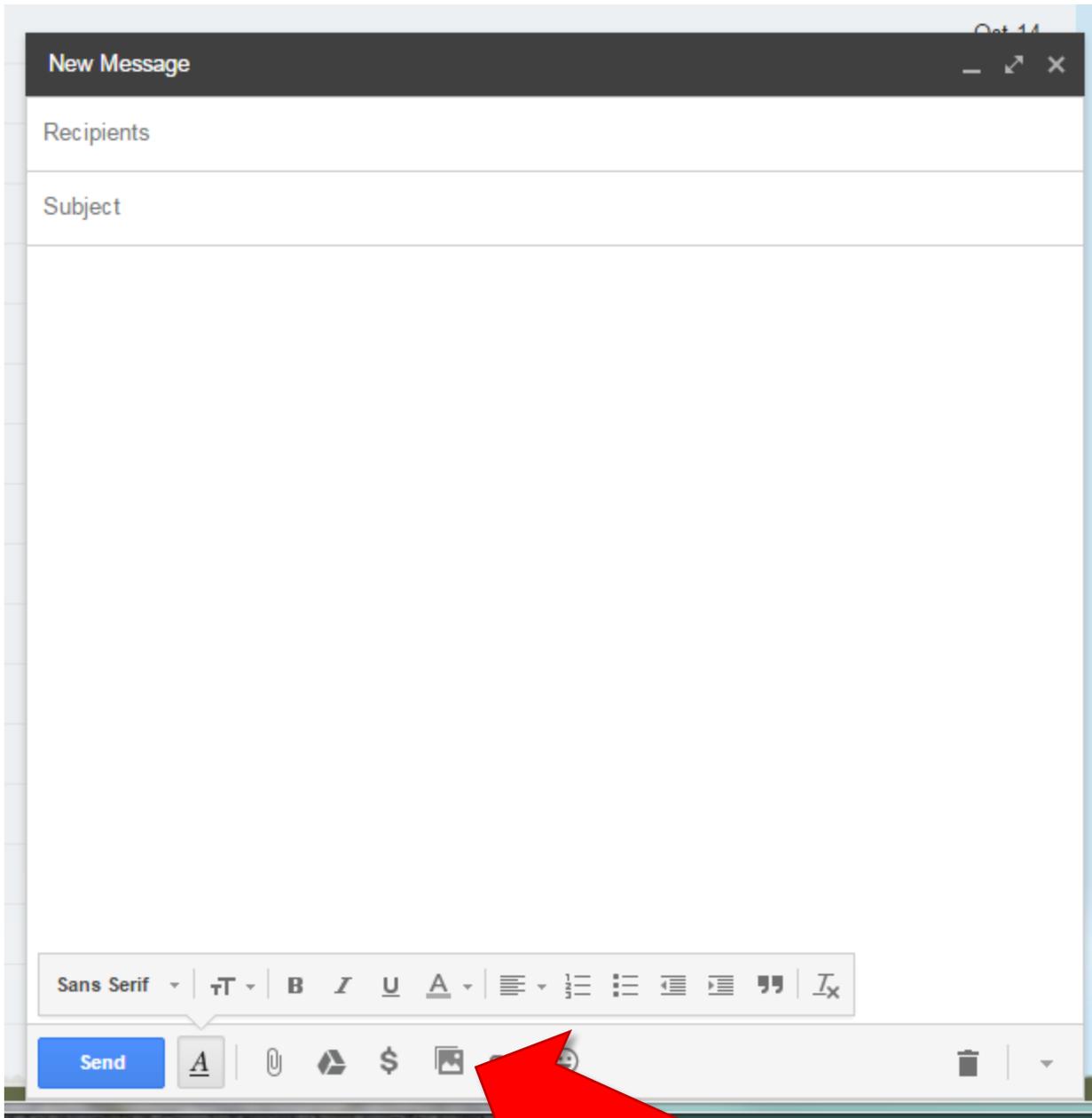
- Open the Word Document you'd like to copy
- Right mouse click on the graphic and choose "Save as Picture"



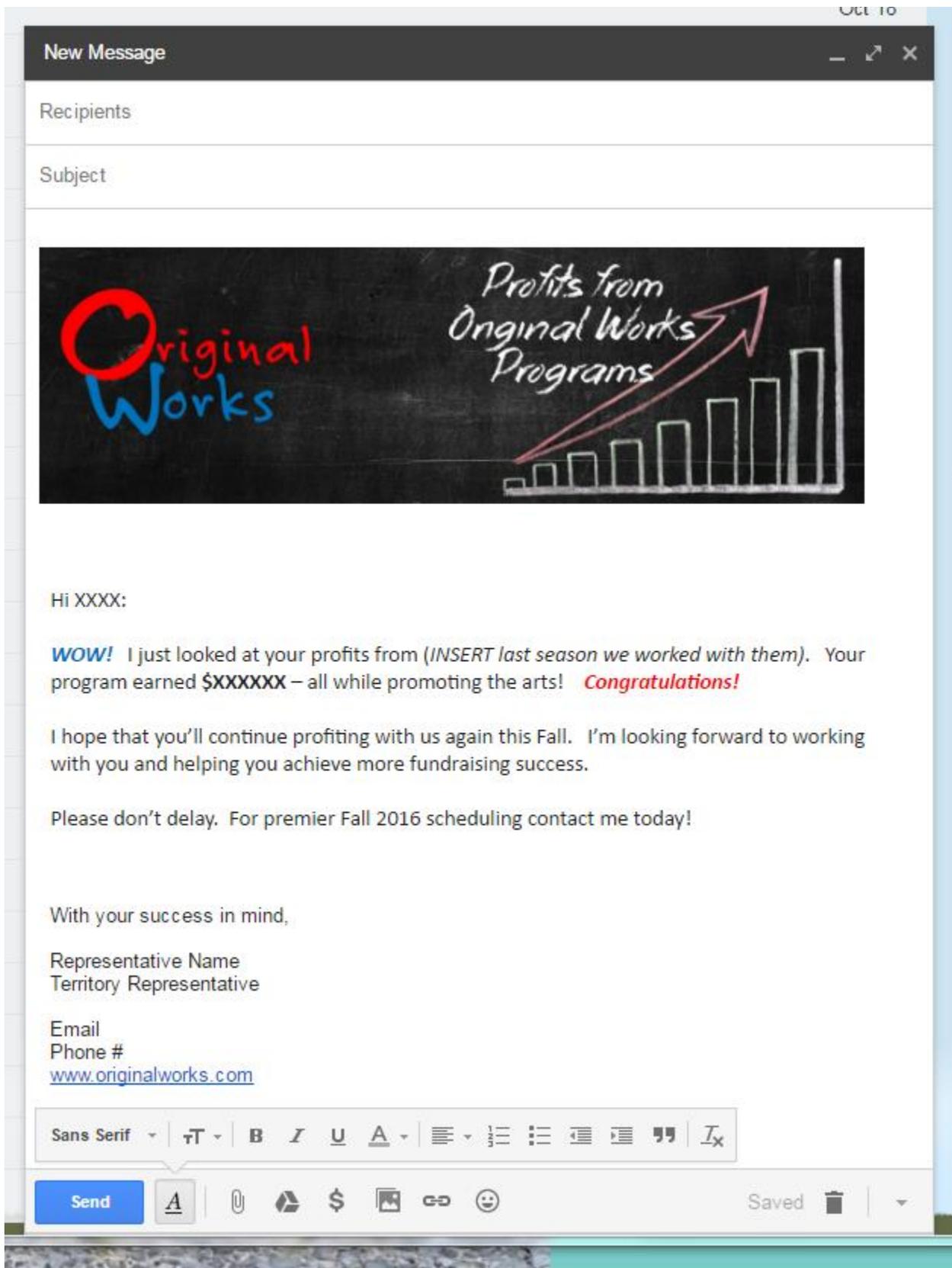
- Leave the document open so that you can easily copy the text over

- Start a new message in Gmail

- Select the Insert Image Icon.



- Return to the Word template
- Copy the text
- Paste into your email message



If you'd like to add additional graphics it can be done the same way as above.